

2016 House Athletics Program

	10am	10:20am	10:50am	11:20am	11:50pm	12:20pm	12:50pm	1:20pm	1:50pm
9/10 Boys	<u>SNACK</u> 800m	100m	Shot Put/ Med Ball Throw	High Jump/ Frisbee Throw	Discus/ Rubber Chicken	<u>LUNCH</u> 200m & Hurdles	Long Jump/ Vortex Throw	Triple Jump/ Sack Race	Teachers Race
9/10 Girls		Triple Jump/ Sack Race	100m	Shot Put/ Med Ball Throw	High Jump/ Frisbee Throw		Discus/ Rubber Chicken	Long Jump/ Vortex Throw	
11 Boys		Long Jump/ Vortex Throw	Triple Jump/ Sack Race	100m	Shot Put/ Med Ball Throw		High Jump/ Frisbee Throw	Discus/ Rubber Chicken	
11 Girls		Discus/ Rubber Chicken	Long Jump/ Vortex Throw	Triple Jump/ Sack Race	100m		Shot Put/ Med Ball Throw	High Jump/ Frisbee Throw	
12/13 Boys		High Jump/ Frisbee Throw	Discus/ Rubber Chicken	Long Jump/ Vortex Throw	Triple Jump/ Sack Race		100m	Shot Put/ Med Ball Throw	
12/13 Girls		Shot Put/ Med Ball Throw	High Jump/ Frisbee Throw	Discus/ Rubber Chicken	Long Jump/ Vortex Throw		Triple Jump/ Sack Race	100m	